

# COURSE DESCRIPTIONS

## GENERAL ELECTIVE COURSES

---

### SCI 131 : Introduction to Nutrition

Delivery Modality:	Distance (Online Didactic Instruction)
Semester Credits:	3 (Didactic Only)
Contact Hours:	45
Outside Preparation:	An average of three (3) hours per week for every didactic credit hour
Typically Offered:	Fall, Spring, and Summer (Subject to Enrollment)
Prerequisites:	None
Corequisites:	None
Requisites:	None
Description:	This course will provide an understanding of basic nutrition science. Learners will become familiar with the principles of diet planning, government standards, and food labeling. They will also learn about the biological functions and food sources of each nutrient, energy balance, weight management, physical activity, the role of nutrition in chronic disease development, nutrition through the life cycle, and food safety issues.

### SCI 251 : Microbiology with Intervention Skill-Based (ISB) Experiential Learning

Delivery Modality:	Distance (Online Didactic Instruction, Virtual ISB Instruction)
Semester Credits:	4 (3 Didactic, 1 ISB)
Contact Hours:	75 (45 Didactic, 30 ISB)
Outside Preparation:	An average of three (3) hours per week for every didactic credit hour
Typically Offered:	Fall, Spring, and Summer (Subject to Enrollment)
Prerequisites:	None
Corequisites:	None
Requisites:	None
Description:	This course teaches microbiology as it applies to the healthcare field. The course will explore pathogenic microorganisms and their role in human disease, human immunology, symptoms and treatment of microbial infection, and preventive measures against microbial infection. This course contains an intervention skill-based experiential learning component (one [1] credit hour), where learners will be able to practice and apply principles they are learning in the didactic portion (three [3] semester credits) of the course.

### ENG 320 : Creative Writing

Delivery Modality:	Distance (Online Didactic Instruction)
Semester Credits:	3 (Didactic Only)
Contact Hours:	45
Outside Preparation:	An average of three (3) hours per week for every didactic credit hour
Typically Offered:	Fall, Spring, and Summer (Subject to Enrollment)
Prerequisites:	ENG 120
Corequisites:	None

## ENG 320 : Creative Writing

Requisites: None

Description: This course introduces learners to the written formats of creative fiction and creative non-fiction, providing an overview of the creative writing process. Assignments will cover a wide variety of formats, including prose writing, poetry writing, and script writing. Through assigned readings, weekly writing prompts, and class critiques, learners will develop their sense of narrative structure, traditional plot structure, audience engagement, and standard manuscript style. The class will explore writing skills such as revision techniques, point-of-view, and theme as well as the importance of close reading for editing and analysis purposes.

## PSY 300 : Human Development

Delivery Modality: Distance (Online Didactic Instruction)

Semester Credits: 3 (Didactic Only)

Contact Hours: 45 (Didactic)

Outside Preparation: An average of three (3) hours per week for every didactic credit hour

Typically Offered: Fall, Spring, and Summer (Subject to Enrollment)

Prerequisites: PSY 201 or Equivalent

Corequisites: None

Requisites: None

Description: This course will give learners a broad overview of the field of human development. Covering the entire human lifespan, from conception to death, this course explores concepts, terminology, principles, and theories that comprise an introductory course in human development. The course will examine biological, cognitive, and emotional growth and development within each developmental stage. The course will also explore grief and bereavement and self-care for the caregiver. The course will explore and apply current research methods and cultural influences through the lifespan.