

Catalog 2026-2027

EvolveU



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EvolveU 2026 Catalog

A division of Nightingale Education Group

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About EvolveU

About EvolveU

Welcome to EvolveU

EvolveU is a continuing education and workforce development provider dedicated to advancing professional competencies across the healthcare continuum. Through online learning experiences, micro-credentials, continuing education activities, and workforce development programs, EvolveU supports lifelong learning for healthcare professionals, educators, and organizations. EvolveU is a division of Nightingale Education Group and contributes to the organization's mission to elevate education, employment, and healthcare outcomes through innovative learning experiences.

Mission

EvolveU advances professional growth and workforce readiness through accessible, evidence-informed learning experiences that support healthcare professionals throughout their careers.

Vision

To create a better world by empowering healthcare professionals with the knowledge, skills, and competencies needed to improve health outcomes and strengthen the healthcare workforce.

Values

EvolveU promotes:

- Lifelong learning
- Professional excellence
- Innovation
- Collaboration
- Workforce readiness
- Health equity
- Learner success

Educational Philosophy

EvolveU believes that professional learning should be relevant, flexible, accessible, and applicable to practice. Educational offerings are designed to support competency development, workforce advancement, and professional growth through evidence-informed instructional design and learner-centered experiences.

Relationship to Nightingale Education Group

EvolveU operates within Nightingale Education Group and contributes to the organization's workforce development mission by providing continuing education, micro-credentialing opportunities, and professional development programs that support healthcare employers and professionals nationwide.



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General Information

General Information

Purpose of this Catalog

This Catalog provides information regarding EvolveU programs, learning opportunities, policies, procedures, credentialing practices, and learner expectations. Learners are responsible for reviewing and complying with all applicable policies contained within this Catalog.

Catalog Effective Dates

This Catalog applies to learners enrolling in EvolveU offerings during the 2026–2027 catalog year unless otherwise specified.

Definitions

Continuing Education (CE)

Educational activities designed to support ongoing professional competence and lifelong learning.

Digital Badge

A verifiable digital representation of knowledge, skills, competencies, or achievements earned through successful completion of designated learning activities.

Microcredential

A focused learning experience that verifies mastery of a specific competency or skill set through assessment and successful completion of established requirements.

Certificate of Completion

Documentation awarded upon successful completion of an eligible EvolveU learning activity.

Contact Information

EvolveU
Nightingale Education Group
Salt Lake City, Utah
evolveu.nightingale.edu



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Enrollment Information

Enrollment Information

Eligibility

Unless otherwise stated, EvolveU offerings are available to healthcare professionals, educators, students, and workforce participants seeking professional development opportunities.

Additional eligibility requirements may apply to specific programs.

Registration

Learners may register individually or through employer-sponsored enrollment opportunities.

Registration is considered complete when:

- Required learner information has been submitted
- Applicable fees have been paid
- Enrollment confirmation has been issued

Organizational Enrollment

Healthcare employers, educational institutions, and workforce partners may contract with EvolveU for customized training and workforce development solutions.

Payment Policies

Program fees, subscription fees, and course fees are established by EvolveU and are subject to change without prior notice.

Refund and Cancellation Policies

Refund eligibility and cancellation procedures vary by offering and are communicated during registration and enrollment.



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Learning Experience

Learning Experience

Learning Modalities

EvolveU learning experiences may be delivered through:

Self-Paced Learning

Learners complete educational activities independently within established access periods.

Facilitated Learning

Learners participate in instructor-guided or expert-facilitated educational experiences.

Virtual Learning

Learners participate in synchronous online activities using approved technology platforms.

Hybrid Learning

Educational activities that combine multiple instructional approaches.

Technology Requirements

Learners are responsible for maintaining reliable internet access and access to technology capable of supporting EvolveU learning activities.

Learner Support

Support services may include:

- Technical assistance
- Registration support
- Program guidance
- Credential verification support
- Accessibility

EvolveU is committed to providing accessible learning opportunities and reasonable accommodations when appropriate.



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Learner Responsibilities

Learner Responsibilities

Professional Conduct

Learners are expected to demonstrate professional behavior throughout participation in EvolveU activities.

Academic Integrity

Integrity is fundamental to professional learning. Learners are expected to complete all educational activities honestly and independently unless collaboration is specifically authorized.

Use of Artificial Intelligence

Learners may use artificial intelligence tools only when permitted by program requirements. Learners remain responsible for the accuracy, originality, and integrity of submitted work.

Intellectual Property

All instructional materials, assessments, recordings, and learning resources remain the property of EvolveU or applicable content owners unless otherwise stated.

Appeals

Learners may submit concerns regarding enrollment, credentialing, or program participation through established EvolveU procedures.



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Credentials and Recognition

Credentials And Recognition

Continuing Education Credits

Eligible EvolveU offerings may award continuing education credits or contact hours in accordance with applicable accreditation and program requirements.

Digital Badges

Digital badges may be awarded to learners who demonstrate achievement of specified competencies or successful completion of designated learning activities.

Certificates of Completion

Certificates of Completion may be issued for successful completion of approved courses, programs, or learning pathways.

Microcredentials

Microcredentials recognize focused competency development and skill mastery within a defined area of professional practice. EvolveU microcredentials are designed to support workforce readiness, professional advancement, and lifelong learning.

Credential Verification

EvolveU maintains records of awarded credentials and may provide verification upon request.



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Program Offerings

Program Offerings

Overview

EvolveU programs are designed to support professional growth, workforce readiness, leadership development, and specialized competency attainment across healthcare settings. Programs are structured to provide focused learning experiences that develop knowledge, skills, and professional behaviors applicable to contemporary healthcare practice.

Programs may consist of individual courses, certificate pathways, continuing education activities, or microcredential experiences. Successful completion of program requirements may result in the awarding of continuing education credits, digital badges, certificates of completion, or microcredentials.

EvolveU offerings are organized into the following program categories:

Educator Development Programs

Programs designed to strengthen instructional effectiveness, learner engagement, curriculum delivery, and educational leadership.

Clinical Excellence Programs

Programs designed to expand clinical knowledge, specialty practice competencies, and evidence-based decision-making.

Professional Development Programs

Programs designed to strengthen communication, leadership, resilience, and career advancement competencies.

Workforce Readiness Programs

Programs designed to prepare healthcare professionals to meet evolving workforce and organizational needs.

Organizational Development Programs

Programs designed to support healthcare organizations through workforce upskilling, competency development, and customized learning solutions.



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Program Descriptions

Program Descriptions

Personalized Patient Engagement Series

Program Overview

The Personalized Patient Engagement Series focuses on strengthening communication, relationship-building, and patient-centered care practices that support improved healthcare experiences and outcomes. The series prepares healthcare professionals to engage patients as active participants in their care through effective communication, empathy, cultural responsiveness, and collaborative care planning.

Intended Audience

The Personalized Patient Engagement Series is intended for:

- Registered nurses
- Licensed practical nurses
- Advanced practice nurses
- Allied health professionals
- Care coordinators
- Healthcare leaders

Program Learning Outcomes

Upon successful completion of the Personalized Patient Engagement Series, learners will be able to:

1. Apply patient-centered communication techniques across healthcare settings.
2. Incorporate principles of cultural humility and respect into patient interactions.
3. Facilitate shared decision-making processes with patients and families.
4. Strengthen therapeutic relationships through effective engagement strategies.
5. Evaluate opportunities to improve patient experiences and healthcare outcomes.

Delivery Modality

Distance Education

Credential Awarded

Certificate of Completion

Continuing Education Credit

Varies by course.

Completion Requirements

Learners must successfully complete all required learning activities and assessments.

Rural Health Nursing Microcredential

Program Overview

The Rural Health Nursing Microcredential is designed to prepare healthcare professionals to address the unique healthcare needs of rural populations. The program explores rural health disparities, social determinants of health,

health promotion, disease prevention, emergency preparedness, and evidence-based strategies for improving healthcare access and outcomes within rural communities.

Intended Audience

The Rural Health Nursing Microcredential is intended for:

- Registered nurses
- Advanced practice nurses
- Public health professionals
- Rural healthcare providers
- Community health practitioners
- Healthcare leaders

Program Learning Outcomes

Upon successful completion of the Rural Health Nursing Microcredential, learners will be able to:

1. Analyze healthcare challenges affecting rural populations.
2. Evaluate the impact of social determinants of health on rural communities.
3. Apply evidence-based interventions to improve health outcomes in rural settings.
4. Develop strategies that support rural healthcare access and health equity.
5. Integrate emergency preparedness principles into rural healthcare planning.

Delivery Modality

Distance Education

Credential Awarded

Rural Health Nursing Microcredential

Continuing Education Credit

As designated for individual courses.

Completion Requirements

Learners must successfully complete all required courses and capstone requirements.

Required Courses

- Health Promotion for Rural Populations
- Nursing Care for Rural Populations
- Rural Health: Determinants, Disparities, and Solutions
- Rural Health: Emergency and Disaster Preparedness
- Rural Health Capstone

Psychiatric Mental Health Nursing Microcredential

Program Overview

The Psychiatric Mental Health Nursing Microcredential prepares healthcare professionals to provide evidence-informed mental health care across diverse populations and settings. The program emphasizes mental health promotion, crisis intervention, trauma-informed care, substance-related disorders, memory care, and behavioral health support.

Intended Audience

The Psychiatric Mental Health Nursing Microcredential is intended for:

- Registered nurses
- Advanced practice nurses
- Behavioral health professionals
- Care coordinators
- Healthcare leaders
- Interdisciplinary healthcare team members

Program Learning Outcomes

Upon successful completion of the Psychiatric Mental Health Nursing Microcredential, learners will be able to:

1. Apply evidence-based approaches to psychiatric and mental health nursing practice.
2. Integrate trauma-informed principles into patient care.
3. Recognize and respond to behavioral health crises.
4. Evaluate interventions that support mental health promotion and recovery.
5. Collaborate with interdisciplinary teams to improve behavioral health outcomes.

Delivery Modality

Distance Education

Credential Awarded

Psychiatric Mental Health Nursing Microcredential

Continuing Education Credit

As designated for individual courses.

Completion Requirements

Learners must successfully complete all required courses and capstone requirements.

Required Courses

- Psychological Care Across the Lifespan
- Crisis and Trauma-Informed Care
- Suicide Prevention, Substance-Related and Addictive Disorders
- Memory Care
- Social Media Counseling
- Psychiatric Mental Health Treatment Modalities
- Psychiatric Mental Health Nursing Capstone

Wellness Pursuit Program

Program Overview

The Wellness Pursuit Program supports the development of personal and professional well-being through evidence-informed strategies that promote resilience, self-awareness, emotional intelligence, and sustainable professional practice. The program encourages healthcare professionals to cultivate habits and behaviors that support long-term wellness and career satisfaction.

Intended Audience

The Wellness Pursuit Program is intended for:

- Healthcare professionals
- Nurse leaders
- Educators

- Students
- Workforce development participants

Program Learning Outcomes

Upon successful completion of the Wellness Pursuit Program, learners will be able to:

1. Assess factors that influence personal and professional well-being.
2. Apply resilience-building strategies to professional practice.
3. Utilize evidence-informed approaches to stress management.
4. Develop personal wellness plans that support long-term success.
5. Promote wellness within healthcare teams and organizations.

Delivery Modality

Distance Education

Credential Awarded

Certificate of Completion

Continuing Education Credit

Varies by course.

Completion Requirements

Learners must successfully complete all required learning activities and assessments.



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Course Descriptions

Course Descriptions

Overview

Course descriptions provide learners with information regarding course content, intended learning experiences, and competency development opportunities associated with EvolveU offerings. Course descriptions are intended to communicate the primary focus of each course; however, instructional activities, assessments, and learning resources may vary to ensure alignment with current evidence, workforce needs, and professional practice standards.

Unless otherwise specified, EvolveU courses are delivered through distance education and may include self-paced learning activities, interactive exercises, reflective assignments, assessments, and competency-based evaluations.

Personalized Patient Engagement Series

Foundations of Communication

- Delivery Modality: Distance Education
- Credential Pathway: Personalized Patient Engagement Series
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course introduces principles of patient-centered care and explores strategies that promote meaningful engagement between healthcare professionals, patients, and families. Learners examine communication, empathy, trust-building, and shared decision-making practices.

Building a Supportive Learning Environment for Patients

- Delivery Modality: Distance Education
- Credential Pathway: Personalized Patient Engagement Series
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course develops communication competencies that support effective patient interactions across diverse healthcare settings. Emphasis is placed on therapeutic communication, active listening, conflict resolution, and culturally responsive care.

Engagement Reimagined: Supporting Patients in a Changing World

- Delivery Modality: Distance Education
- Credential Pathway: Personalized Patient Engagement Series
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course examines cultural humility, health equity, and advocacy practices that contribute to positive patient experiences and improved healthcare outcomes. Learners explore strategies for addressing barriers to care and promoting inclusive healthcare environments.

One Size Doesn't Fit All: Personalized Patient Engagement Series Capstone

- Delivery Modality: Distance Education
- Credential Pathway: Personalized Patient Engagement Series
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course explores how healthcare engagement has evolved in the post-pandemic landscape. Learners will examine the role of technology, emotional support, and virtual care in building meaningful connections with patients, while promoting confidence, adaptability, and empowerment in modern healthcare settings.

Rural Health Nursing Microcredential

Health Promotion for Rural Populations

- Delivery Modality: Distance Education
- Credential Pathway: Rural Health Nursing Microcredential
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course examines health promotion and disease prevention strategies that support the unique healthcare needs of rural populations. Learners explore population health principles, preventive care interventions, and community-based approaches to improving health outcomes.

Nursing Care for Rural Populations

- Delivery Modality: Distance Education
- Credential Pathway: Rural Health Nursing Microcredential
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course explores evidence-based nursing interventions designed to address the healthcare needs of individuals and communities residing in rural settings. Emphasis is placed on access to care, resource allocation, and interdisciplinary collaboration.

Rural Health: Determinants, Disparities, and Solutions

- Delivery Modality: Distance Education
- Credential Pathway: Rural Health Nursing Microcredential
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course examines social determinants of health, health disparities, and systemic factors influencing healthcare outcomes in rural communities. Learners evaluate strategies that support equitable access to healthcare services and resources.

Rural Health: Emergency and Disaster Preparedness

- Delivery Modality: Distance Education
- Credential Pathway: Rural Health Nursing Microcredential
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course focuses on emergency preparedness, disaster response, and resilience planning within rural healthcare environments. Learners examine disaster management frameworks and strategies that support continuity of care during emergencies.

Rural Health Capstone

- Delivery Modality: Distance Education
- Credential Pathway: Rural Health Nursing Microcredential
- Continuing Education Credit: As designated
- Prerequisites: Successful completion of designated Rural Health Nursing coursework

Description

This capstone course provides learners an opportunity to synthesize knowledge and competencies acquired throughout the Rural Health Nursing Microcredential. Learners complete a project focused on improving healthcare outcomes within rural communities.

Psychiatric Mental Health Nursing Microcredential

Psychological Care Across the Lifespan

- Delivery Modality: Distance Education
- Credential Pathway: Psychiatric Mental Health Nursing Microcredential
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course explores mental health promotion and psychological care across the lifespan. Learners examine developmental considerations, common behavioral health conditions, and evidence-informed approaches to supporting mental wellness.

Crisis and Trauma-Informed Care

- Delivery Modality: Distance Education

- Credential Pathway: Psychiatric Mental Health Nursing Microcredential
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course examines trauma-informed care principles and evidence-based interventions used during behavioral health crises. Learners develop strategies for promoting safety, trust, and recovery-oriented care.

Suicide Prevention, Substance-Related, and Addictive Disorders

- Delivery Modality: Distance Education
- Credential Pathway: Psychiatric Mental Health Nursing Microcredential
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course explores assessment, prevention, and intervention strategies associated with suicide risk, substance-related disorders, and addictive behaviors. Learners evaluate evidence-based approaches that support prevention and recovery.

Memory Care

- Delivery Modality: Distance Education
- Credential Pathway: Psychiatric Mental Health Nursing Micro-credential
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course examines care approaches for individuals experiencing cognitive impairment and memory-related conditions. Learners explore person-centered interventions that promote quality of life, dignity, and safety.

Social Media Counseling

- Delivery Modality: Distance Education
- Credential Pathway: Psychiatric Mental Health Nursing Microcredential
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course explores emerging technologies and digital communication platforms used to support mental health engagement and counseling practices. Learners examine ethical, legal, and professional considerations associated with digital behavioral health interactions.

Psychiatric Mental Health Treatment Modalities

- Delivery Modality: Distance Education
- Credential Pathway: Psychiatric Mental Health Nursing Microcredential
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course introduces learners to key treatment modalities in psychiatric mental health nursing, including cognitive-behavioral, biological, complementary, and psychopharmacological approaches. Learners will explore foundational theories and evidence-based interventions used across care settings and apply this knowledge to support holistic, patient-centered care.

Psychiatric Mental Health Nursing Capstone

- Delivery Modality: Distance Education
- Credential Pathway: Psychiatric Mental Health Nursing Microcredential
- Continuing Education Credit: As designated
- Prerequisites: Successful completion of designated Psychiatric Mental Health Nursing coursework

Description

This capstone course provides learners an opportunity to synthesize mental health nursing knowledge and competencies through the completion of a comprehensive applied project.

Wellness Pursuit Program

Physical Wellness

- Delivery Modality: Distance Education
- Credential Pathway: Wellness Pursuit Program
- Continuing Education Credit: As designated
- Prerequisites: None

Description

The physical wellness course emphasizes the development of healthy habits, including a nutritious diet, regular exercise, and accessing appropriate healthcare, in order to achieve a happier and healthier life.

Emotional Wellness

- Delivery Modality: Distance Education
- Credential Pathway: Wellness Pursuit Program
- Continuing Education Credit: As designated
- Prerequisites: None

Description

The Emotional Wellness course empowers individuals with essential tools to express emotions effectively, find joy in life, conquer emotional hurdles, and manage stress with confidence.

Social Wellness

- Delivery Modality: Distance Education
- Credential Pathway: Wellness Pursuit Program
- Continuing Education Credit: As designated
- Prerequisites: None

Description

This course focuses on emotional intelligence competencies that strengthen communication, self-awareness, relationship management, and leadership effectiveness within professional environments.

Vocational Wellness

- Delivery Modality: Distance Education
- Credential Pathway: Wellness Pursuit Program
- Continuing Education Credit: As designated
- Prerequisites: None

Description

The Vocational Wellness course emphasizes the importance of engaging in activities that offer a sense of meaning and purpose, including gainful employment.

Environmental Wellness

- Delivery Modality: Distance Education
- Credential Pathway: Wellness Pursuit Program
- Continuing Education Credit: As designated
- Prerequisites: None

Description

The Environmental Wellness course focuses on maintaining a healthy and safe environment, including homes, workplaces, and broader surroundings, to create a more sustainable future for ourselves and others.

Financial Wellness

- Delivery Modality: Distance Education
- Credential Pathway: Wellness Pursuit Program
- Continuing Education Credit: As designated
- Prerequisites: None

Description

The Financial Wellness course provides practical skills and resources for effective financial management, aiming to instill confidence in decision-making.

Spiritual Wellness

- Delivery Modality: Distance Education
- Credential Pathway: Wellness Pursuit Program
- Continuing Education Credit: As designated
- Prerequisites: None

Description

The Spiritual Wellness course focuses on cultivating a deep sense of purpose, attaining optimal equilibrium, and fostering inner tranquility.

Intellectual Wellness

- Delivery Modality: Distance Education
- Credential Pathway: Wellness Pursuit Program
- Continuing Education Credit: As designated
- Prerequisites: None

Description

The Intellectual Wellness course promotes a positive and constructive approach toward lifelong learning and encourages the practical application of acquired knowledge.