

Mental Health Services

STUDENT SERVICES



Anxiety and Stress

The National Institute of Mental Health has shown that anxiety disorders are the number one mental health problem among American women and are second only to alcohol and drug abuse among men. According to Dr. Edmund J.

Family

More than any other factors, social relationships are the key to human happiness, according to Harvard social psychologist Dr. Daniel Gilbert. These relationships begin with the family and especially with an infant's attachment to his or her parents.

Depression

A sense of worthlessness, sadness and emptiness dominates you. You are moving through thick mud where everything in life seems to take an extraordinary effort. Just being alive is a huge task.

Abuse of Children

Abuse of a child comes in many forms, some that parents may not even be consciously aware of. While much media has focused on strangers abusing children, in reality most abuse occurs in the home. In 2009, ABC News reported that 69 percent of abusers were parents of the child...

Anger Management

Anger often masks feelings of incredible pain and its release can provide a temporary feeling of satisfaction only to increase the underlying pain later.

Marriage and Couples

Family Counseling Service offers a safe and secure environment where couples may express their thoughts and feelings. In many cases, couples come to recognize the strengths and positive attributes of themselves and each other.

Physical and Sexual Abuse

Abuse is a problem of epidemic proportions in the U.S. The Center for Disease Control estimates that 1 in 5 children, 1 in 4 women, and 1 in 11 men are victims of abuse within their lifetime.

Children's Issues

Family Counseling Service therapists develop a close, secure and safe professional relationship with children. Parents are informed and active participants in their child's treatment.

[Family Counseling Service of Northern Utah](#)

3518 Washington Blvd. Ogden, UT 84403

Phone: 801-399-1600

FAX: 801-399-1640

Toll Free: 800-870-1605

Email: fcsronthornburg@gmail.com

[McKay-Dee Hospital](#)

3903 Harrison Blvd Ogden, UT 84403

Phone: 801-387-2800

Spectrum of Care: Acute Inpatient

Day Treatment, Outpatient

Mental Health Services



STUDENT SERVICES

[Clearfield Family Connection Center](#)

1360 East 1450 South
801-773-0712
Clearfield, UT 84015

[Weber Human Services](#)

237 26th Street
801-625-3700
Ogden, UT 84405

[Bear River Mental Health Services, Inc.](#)

Bear River House/Community Center: (435)753-9046
Brigham City House: (435) 723-3176
Brigham Outpatient Office: (435) 734-9449
Logan Outpatient: (435) 752-0750
Logan Residential Group Home: (435) 753-7053
Randolph: (800)-620-9949
Tremonton: (435) 257-2168

24 Hour Crisis Intervention in Salt Lake, Tooele or Summit Counties:

801-261-1442

[University of Utah Neuropsychiatric Institute](#)

501 Chipeta Way
Salt Lake City, UT 84108
801-583-2500

[Valley Mental Health](#)

5965 South 900 East
Murray, UT 84121
Main Office: 888-949-4864

Mental Health Services: 801-270-6550

Substance Abuse Services: 801-743-6108

Intermountain Psychiatry and Counseling

324 10th Ave., Suite 178
Salt Lake City, UT 84103
Phone: (801) 408-8500
Spectrum of Care: Outpatient

Intermountain Psychiatry and Counseling

1225 E. Fort Union Blvd., Suite 215
Cottonwood Heights, Utah 84047
Phone: (801) 233-4200
Spectrum of Care: Outpatient

[LDS Hospital](#)

8th Avenue & C Street
Salt Lake City, Utah 84143-0001
Phone: (801) 408-1100
Spectrum of Care: Acute Inpatient, Chemical Dependency Inpatient Detoxification

Primary Children's Center for Counseling – Children and Adolescents

5770 South 1500 West
Salt Lake City, Utah 84123
Phone: (801) 313-7770
Spectrum of Care: Outpatient

[Heber Valley Medical Center](#)

1485 South Highway 40
Heber City, UT 84032
Phone: (435) 657-4400
Spectrum of Care: Acute Inpatient, Chemical Dependency Inpatient Detoxification

[Utah Valley Regional Medical Center](#)

1034 North 500 West
Provo, Utah 84604-3337
Phone: (801) 357-7850
Spectrum of Care: Acute Inpatient, Intensive Outpatient Programs, Outpatient

[Dixie Regional Medical Center](#)

1380 East Medical Center Drive
St. George, Utah 84790-3799
Phone: (435) 251-1000
Spectrum of Care: Acute Inpatient