One semester credit is equal to:

- One contact hour of didactic instruction per week, or
- Two contact hours of lab instruction per week, or
- Three contact hours of clinical/preceptorship instruction per week.

For every one credit hour in which you enroll, you will spend approximately two to three hours outside of class studying. Therefore, to help determine the course load most appropriate for you, use the formula:

3 credit hours = 6-9 hours outside preparation time.

12 credit hours = 24-36 hours outside preparation time.